

**PLAYER & COACH  
DEVELOPMENT & SKILLS SESSION**

The FFSW invite you to participate  
in a Skills & Development Session with our  
FFSW Development Coach

**Team Age**

6/8's - 9/10's - 11/14's - U15's/Seniors  
(please circle)

VENUE : \_\_\_\_\_

DATE : \_\_\_\_\_

**Players Attend 6pm-7.30pm**  
Coaches - 5.45pm to 8pm

**WE WILL / WILL NOT  
HAVE OUR USUAL TEAM  
TRAINING SESSION DURING  
THIS WEEK**

For more info please contact  
your Club / Coach on  
\_\_\_\_\_

These sessions have been  
specifically designed to ensure  
relevant and age specific  
activities for both Coach & Player  
development.

Sessions have been prepared  
and are delivered in line with FFA  
National Curriculum and in  
accordance with the directions of  
the FFSW Technical Director



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